

The documents you will have to present after the 1st consultation

For all women :

- the woman's written consent

For minors :

- the woman's written consent,
- the psychosocial consultation certificate,
- the presence of a parent, legal representative or accompanying adult.

For more information on abortion : www.ivg.gouv.fr

0 800 08 11 11

(Calls and service are anonymous and free of charge)

For information on contraception :
www.choisirsacontraception.fr



Produced by Intercom



Abortion (IVG)

You're pregnant and don't want to be

WITHOUT DELAY, CONSULT :

School nurse, midwife, general practitioner or gynecologist, in a private office, at the PMI (maternal and infant care clinic), at a C2S (sexual health center), at a CDPS (public primary care center), at a hospital or clinic.



Don't miss the legal time limit. Abortions are performed up to the 16th week without a menstrual period (amenorrhea).

1. At the 1st consultation

The healthcare professional will answer your questions, explain the different methods and **inform you about :**

- **risks**
- **side effects**

They will look for and treat any Sexually Transmitted Infections (STIs).



If they don't perform abortions:

They will give you the **list of facilities** where you can have the procedure done and will write you a **prescription for blood tests**.

The healthcare professional will prescribe or perform **an ultrasound** to date the pregnancy. They will **offer** you a psychosocial consultation.

AND ABOVE ALL ... THINK ABOUT YOUR FUTURE CONTRACEPTION



2. The abortion procedure

Medical method	Surgical method
At a private doctor's office, C2S, CDPS or hospital	At a hospital or clinic
• The 1st day, you will take the 1st medication, Mifepres-tone, which stops the pregnancy. • 2 days later : You will take a 2nd medication, Misoprostol, which triggers the abortion. Even if you bleed after the 1st medication, you must take the 2nd. You may bleed for 10 days.	• You will have an appointment with the anesthetist to discuss what type of anesthesia will be used : local or general. • The procedure takes 10 minutes in the operating room • The hospital stay can last 1 day. • You may bleed for 10 days.

CONTRACEPTION... Start using it immediately after the abortion !



Internal condom



Intra-Uterine Device



Pill



Contraceptive patch



Implant



Diaphragm



External condom



Cervical cap



Vaginal ring

3. Consultation after the abortion

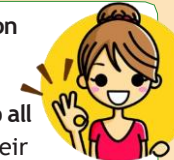
ESSENTIAL

- **2 to 3 weeks later**
 - To check that the abortion was successful and make sure that you don't have any complications.
 - To talk about your new **contraception** (pill, implant, intrauterine device, patch, condom) and **emergency contraception**.
 - To discuss prevention of sexually transmitted infections.



4. Insurance coverage, cost

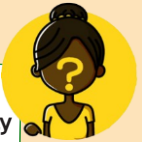
- **The cost of an abortion is covered 100 %.**
- **Abortion is available to all women**, regardless of their situation.



Anonymity

If you are a legal adult and wish to remain **anonymous**, the abortion can only be performed in a hospital, C2S or clinic.

Healthcare professionals are **bound by medical confidentiality**



Minors (under 18 years of age)

The decision to terminate or pursue the pregnancy must remain **YOUR choice**.

Come accompanied by your parents or your legal representative.

If you don't want or can't obtain their agreement, come with another legal adult able to assist you with the process.

The healthcare or psychosocial professional can help you choose the accompanying adult.

The procedure is totally anonymous and free of charge.

You can get a prescription for contraception without parental consent.

In sexual health center, you have access to free, anonymous contraception.

Pharmacies supply contraceptives covered by health insurance free of charge, on presentation of a prescription.

The psychosocial consultation is mandatory