# The documents you will have to present after the 1st consultation

#### For all women:

- the medical certificate.
- the woman's written consent.

#### For minors:

- the medical certificate,
- the woman's written consent,
- the psychosocial consultation certificate,
- the written consent of one of her parents or her legal representative, or if she doesn't want to or can't obtain it, the certificate indicating her choice of accompanying adult. This certificate enables the abortion as well as any related acts to be carried out.

For more information **on abortion :** www.ivg.gouv.fr

0800081111

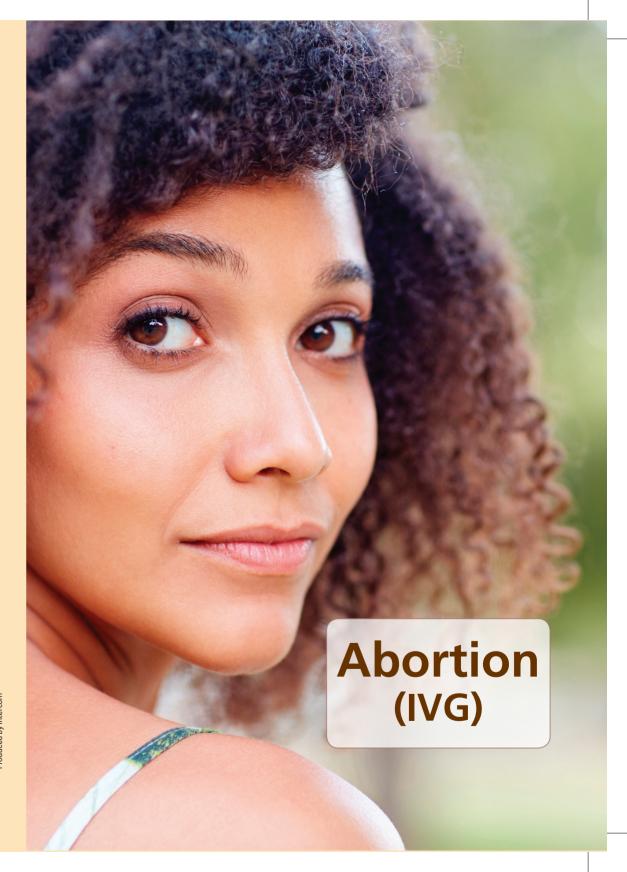
(Calls and service are anonymous and free of charge)

For information on contraception: www.choisirsacontraception.fr









Drodulyd by latero

# You're pregnant and don't want to be

#### WITHOUT DELAY. **CONSULT:**

School nurse, midwife, general practitioner or gynecologist, in a private office, at the PMI (maternal and infant care clinic), at a CPEF (family planning center), at a CDPS (public primary care center), at a hospital or clinic.



Don't miss the legal time limit. Abortions are performed up to the 14th week without a menstrual period (amenorrhea).

#### 1. At the 1st consultation

The healthcare professional will answer your questions, explain the different methods and inform you about:

- risks
- side effects

They will look for and treat any Sexually Transmitted Infections (STIs).

#### If they don't perform abortions:

They will give you the *list of facilities* where you can have the procedure done and will write you a prescription for blood tests.

The healthcare professional will prescribe or perform an ultrasound to date the pregnancy. They will offer you a psychosocial consultation and have you fill out an abortion request form.

> AND ABOVE ALL ... THINK ABOUT YOUR FUTURE CONTRACEPTION.



# 2. The abortion procedure

#### Medical method

At a private doctor's office, CPEF, CDPS or hospital.

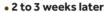
- The 1st day, you will take the 1st medication. Mifeprestone, which stops the pregnancy.
- 2 days later: You will take a 2nd medication. Misoprostol, which triggers the abortion. Even if you bleed after the 1st medication, you must take the 2nd. You may bleed for 10 days.

#### Surgical method At a hospital or clinic

- You will have an appointment with the anesthetist to discuss what type of anesthesia will be used: local or general.
- The procedure takes 10 minutes in the operating room.
- . The hospital stay can last 1 day.
- You may bleed for 10 days.

# 3. Consultation after the abortion

#### **MANDATORY**



- To check that the abortion was successful and make sure that you don't have any complications.
- To talk about your new contraception (Pill, implant, intrauterine device, patch, condoms) and emergency contraception.
- •To discuss prevention of sexually transmitted infections.

# 4. Insurance coverage, cost

- The cost of an abortion is covered 100%.
- Abortion is available to all women, regardless of their situation.

# **Anonymity**

If you are a legal adult and wish to remain anonymous, the abortion can only be performed in a hospital, CPEF or clinic.

Healthcare professionals are



### Minors (under 18 years of age)

The decision to terminate or pursue the pregnancy must remain YOUR choice.

Come accompanied by your parents or your legal representative.

If you don't want or can't obtain their agreement, come with another legal adult able to assist you with the process.

The healthcare or psychosocial professional can help you choose the accompanying adult.

The procedure is totally anonymous and free of charge.

You can get a prescription for contraception without parental consent.

In family planning centers, you have access to free, anonymous contraception.

Pharmacies supply contraceptives covered by health insurance free of charge, on presentation of a prescription.

The psychosocial consultation is mandatory.

# CONTRACEPTION ...























Cervical ring



